

Egg & Spoon Race Instructions

1. Divide players into teams and line the teams up.
2. Pass out a spoon and egg to each person in the front of the line.
3. Blow the whistle, signaling the start of the relay. Each person with a spoon and egg must carry the egg on the spoon to and from a designated spot (to the tree and back, to the fence and back, or whatever you choose).
4. As soon as the player returns to the line, he or she passes the egg and spoon on to the next person in line.
5. Award the winning team with a prize (Candy, stickers, toys, etc.)

Tips & Warnings

- ✓ Modify the game according to age group. Give out plastic eggs to younger kids; older kids can not only transport hard-boiled eggs, but also carry the spoons in their mouths.
- ✓ Make the game more challenging by setting up an obstacle course for the players. Or, add another twist: The kids must hop like a bunny, waddle like a duck, crawl like a turtle.... The possibilities are endless.
- ✓ Have extra eggs available for those unforeseen accidents!
- ✓ If a player drops the egg along the way, he or she must return to the line and begin again